

## Prayers for Mothering Sunday

**Lord God**, father and mother of us all,  
Hear us as we give thanks for mothers and for mothering,  
On this special day.

We remember before you with deep gratitude  
Our own mothers.

We also give thanks for all in our immediate family  
And in our wide circle of friends and relatives,  
Both women and men,  
Who shared in our nurturing and growth.

Look with love and mercy, we pray  
On all the very mixed emotions that run through us today.

Hallow our memories  
Forgive our guilt or shame,  
And enable us to be at peace with our feelings and thoughts.  
We ask this through Jesus Christ our Lord, Amen

**Loving Lord**,  
Hear our prayers for all mothers today.  
For all expectant mothers,  
and for those who would wish to bear children but who cannot.  
We pray for mothers with no experience  
Or bad experience,  
Of being mothered themselves.

We pray for single mothers,  
Who so often have to struggle alone.

We pray especially for mothers  
Who are forced to watch while their children starve, or suffer, or grow  
sick.

We remember before you  
Mothers whose children have been killed  
In road accidents, in house fires, or by troubled human beings.

We remember with love  
Those grieving the deaths of those they love in recent days  
Let your mothering love surround them at this time  
And bring them comfort and strength.  
We ask this through Jesus Christ our Lord, Amen.

**Loving God**,  
You father us and mother us  
All our days.  
Even before we acknowledged you  
You loved us;  
You laboured to bring us to birth,  
New birth.  
In the secret places of our lives you nourish us,  
Offering us the feeding that we need  
To grow as human beings.  
No matter how often we desert you  
You never turn your face away from us  
And your abiding concern is always for our good.  
You weep for us,  
You laugh with us,  
You rejoice in our successes  
And are in anguish at our pain.

Yours are the arms reaching out to cradle us  
When we approach death.

Loving, mothering God,  
Strong and tender,  
Tried and true,  
We worship you today.  
Amen.